

Källor till boken

*Prata med barn om klimatet*  
– en handbok

av Frida Berry Eklund

Natur & Kultur, 2020

TACK för att du vill lära dig mer om hur vi kan prata med våra barn om klimatet!

Nedan ligger källorna sorterade efter temarubriker. Till flertalet av källorna finns länkar, vilka samtliga var tillgängliga i december 2020. Mer information finns på:

[varabarnsklimat.se/pratamedbarnomklimatet](http://varabarnsklimat.se/pratamedbarnomklimatet)

# Innehåll

Att prata med barn om klimatet	3
Klimat i undervisningen	8
Barn och natur	13
Barn och oro	15
Hur klimatkrisen påverkar barnen	17
Internationella lagar och avtal	20
Opinionsundersökningar	21
Sveriges klimatarbete	23
Effektiva klimatåtgärder	25
Klimatet: vetenskap, åtgärder och politik	27
Välmående	30
Klimatet i media	31
Övrigt	32

# Att prata med barn om klimatet

## Webbartiklar

Akpan, Nsikan (2019) How to talk to your kids about climate change

Publicerad 30 september 2019

<https://www.pbs.org/newshour/science/how-to-talk-to-your-kids-about-climate-change>

Arnold-Ratliff, Katie & Milbrand, Lisa (2020) How to Explain Climate Change to Your Child

Uppdaterad 9 mars 2020

<https://www.parents.com/parenting/better-parenting/advice/how-to-talk-to-your-kids-about-global-warming/>

Australian Parents 4 Climate Action (2019) Schools & Parents: Tips & Steps for Supporting the #ClimateStrike

Publicerad 23 augusti 2019

<https://www.schoolstrike4climate.com/post/schools-parents-tips-steps-for-supporting-the-climatestrike>

Beament, Emily, *Belfast Telegraph* (2019) Parents encouraged to be honest with children about climate crisis

Publicerad 15 september 2019

<https://m.belfasttelegraph.co.uk/news/uk/parents-encouraged-to-be-honest-with-children-about-climate-crisis-38498887.html>

Brown, Maressa (2019) How to talk about climate change with your kids

Publicerad 1 november 2019

<https://www.care.com/c/stories/4794/global-warming-for-kids-how-to-explain-clima/>

Burke, Susie, Sanson, Ann & Van Hoorn, Judith (2018) A guide for parents about the climate crisis

<https://www.psychology.org.au/getmedia/f7d0974d-4424-4d60-a7eb-cfa0431b6860/Parents-guide-climate-crisis.pdf>

Burke, Susie, Sanson, Ann & Van Hoorn, Judith (2018) Raising children to thrive in a climate changed world

<https://www.psychology.org.au/getmedia/e8cda6ca-ecfe-42c7-8538-492950bac8ba/Raising-children-climate.pdf>

Cassidy, Amanda (2019) 'The tantrum that could save the world': The right way to discuss climate change with your children

Publicerad 13 december 2019

<https://www.image.ie/life/talk-children-climate-change-149749>

Cranmer, Danielle (2018) 5 Tips for Talking to Kids About Climate Change (Without Freaking Them Out)  
Publicerad 19 mars 2018  
<https://www.rainforest-alliance.org/articles/how-to-talk-to-kids-about-climate-change>

Gibson, Caitlin (2020) How climate experts think about raising children who will inherit a planet in crisis  
Publicerad 14 februari 2020  
[https://www.washingtonpost.com/lifestyle/on-parenting/how-climate-experts-think-about-raising-children-who-will-inherit-a-planet-in-crisis/2020/02/14/b4f3405a-4e69-11ea-b721-9f4cdc90bc1c\\_story.html](https://www.washingtonpost.com/lifestyle/on-parenting/how-climate-experts-think-about-raising-children-who-will-inherit-a-planet-in-crisis/2020/02/14/b4f3405a-4e69-11ea-b721-9f4cdc90bc1c_story.html)

Hensley, Laura, *Global News* (2019) How to talk to kids about climate change without scaring them  
Publicerad 2 oktober 2019  
<https://globalnews.ca/news/5974092/how-to-talk-to-kids-about-climate-change/>

Hickman, Caroline (2019) A psychotherapist explains why some adults are reacting badly to young climate strikers  
Publicerad 11 oktober 2019  
<http://theconversation.com/a-psychotherapist-explains-why-some-adults-are-reacting-badly-to-young-climate-strikers-125079>

Hickman, Caroline (2019) I'm a psychotherapist – here's what I've learned from listening to children talk about climate change  
Publicerad 15 september 2019  
<http://theconversation.com/im-a-psychotherapist-heres-what-ive-learned-from-listening-to-children-talk-about-climate-change-123183>

Jones, Deanne, *Ceres the Sustainability Hub* (2019) Our Say: How I explore climate change with my children  
Publicerad 29 maj 2019  
<https://sustainability.ceres.org.au/our-say-exploring-climate-change-with-children/>

Kamenetz, Anna, *National Public Radio* (2019) How To Talk To Kids About Climate Change  
Publicerad 24 oktober, 2019  
<https://www.npr.org/2019/10/22/772266241/how-to-talk-to-your-kids-about-climate-change>

Mock, Jillian & O'Neill, Claire, *The New York Times* (2019) One Thing You Can Do: Talk to Your Children About Climate Change  
Publicerad 9 oktober 2019  
<https://www.nytimes.com/2019/10/09/climate/children-anxiety-climate-newsletter-nyt.html>

Nice, Dianne, *The Globe and Mail* (2019) Amplify: How I'm talking to my kids about climate change

Publicerad 31 maj 2019

<https://www.theglobeandmail.com/canada/article-amplify-how-im-talking-to-my-kids-about-climate-change/>

Nijhuis, Michelle (2018) How I Talk to My Daughter About Climate Change

Publicerad 5 april 2018

<https://www.theatlantic.com/family/archive/2018/04/raising-kids-climate-change/554969/>

O'Shea, Joe (2020) Cork schoolkids make brilliant rap video on climate crisis

Publicerad 2 februari 2020

<https://www.corkbeo.ie/culture/family-kids/cork-schoolkids-make-brilliant-rap-17676429>

Rubin, Dan, *Medium* (2019) How to Have a Useful Conversation About Climate Change in 11 Steps

Publicerad 7 mars 2019

<https://medium.com/s/story/how-to-have-a-useful-conversation-about-climate-change-in-11-steps-d4bbd4135e35>

Ruiz, Rebecca (2019) How to talk to kids about climate change without scaring them

Publicerad 17 september 2019

<https://mashable.com/article/climate-change-talking-to-kids/>

Scopelianos, Sarah (2019) How to talk to children about climate change

Publicerad 17 december 2019

<https://mobile.abc.net.au/news/2019-12-18/climate-change-and-how-to-talk-to-kids-about-it/11686900?pfmredir=sm>

Shankman, Sabrina (2020) 'Mom, are We Going to Die?' How to Talk to Kids About Hard Things Like Covid-19 and Climate Change

Publicerad 22 april 2020

<https://insideclimatenews.org/news/21042020/climate-change-coronavirus-talking-to-kids>

### *Vetenskapliga artiklar*

Edmonds, Heidi (2019) How to talk to kids of different ages to engage them on climate change and environmental issues

Publiceringsdatum saknas

[https://www.ap4ca.org/talking\\_with\\_kids\\_about\\_climate\\_change](https://www.ap4ca.org/talking_with_kids_about_climate_change)

Evans, Gary W., Otto, Siegmund & Kaiser, Florian G. (2018) Childhood Origins of Young Adult Environmental Behavior, *Psychological Science*, vol. 29, no. 5, 679–687

[https://far.human.cornell.edu/FAR/uploads/other/gwe1\\_1.pdf](https://far.human.cornell.edu/FAR/uploads/other/gwe1_1.pdf)

Otto, Siegmund, Evans, Gary W., Moon, Min J., & Kaiser, Florian G. (2019). The development of children's environmental attitude and behavior. *Global Environmental Change*, vol. 58.

<http://dx.doi.org/10.1016/j.gloenvcha.2019.101947>

<https://naaee.org/eeepro/research/library/development-childrens-environmental>

Vattenfall AB (2020) Samtalet om klimatet

Publiceringsdatum saknas

[https://group.vattenfall.com/se/var-verksamhet/samtalet-om-klimatforandringar?utm\\_source=social&utm\\_medium=display&utm\\_campaign=vattenfall\\_se\\_what%27s-happening-flight\\_1\\_w11-16\\_2020&dclid=CI2EqZOpkugCFdjNsgodyMMHmg](https://group.vattenfall.com/se/var-verksamhet/samtalet-om-klimatforandringar?utm_source=social&utm_medium=display&utm_campaign=vattenfall_se_what%27s-happening-flight_1_w11-16_2020&dclid=CI2EqZOpkugCFdjNsgodyMMHmg)

### **Böcker**

Democker, Mary (2018) *The parents' guide to climate revolution*, New World Library

Ortiz, Liria (2019) *Motiverande samtal, MI – Att prata miljöpåverkan utan att anklaga eller skuldbelägga*, Type and Tell

### **E-böcker**

Herbert, Megan & Mann, Michael E. (2018) "The tantrum that saved the world", World Saving Books

<https://world-saving-books.myshopify.com/collections/frontpage/products/copy-of-the-tantrum-that-saved-the-world>

The Climate Reality Project "Beginning the climate conversation: A family's guide"

Publiceringsdatum saknas

<https://www.climateRealityproject.org/sites/default/files/kidsandclimatechange-book.pdf>

### **Blogginlägg**

Grothjan, Sarah (2019) How to talk to your kids about climate change

Publicerad 6 december 2019

<https://www.rei.com/blog/news/how-to-talk-to-your-kids-about-climate-change>

Herbert, Megan (2019) How to talk to kids about climate change (without scaring the bejeezus out of them)

Publicerad 29 november 2018

<https://blog.usejournal.com/how-to-talk-to-kids-about-climate-change-3465079793f1>

Ortiz, Liria (2019) Liria Ortiz om klimatprat: Så väcker du motivation istället för irritation

Publicerad 3 september 2019

<https://mittklimatlofte2019.home.blog/2019/09/03/liria-ortiz-om-klimatprat-sa-vacker-du-motivation-istallet-for-irritation/>

Shugarman, Harriet (2020) Talking to our Kids About Coronavirus or Climate Change: The answers are Eerily Similar  
Publicerad 15 mars 2020  
<https://www.climatemama.com/blog/11420#.Xm52chjTXDt>

The Climate Reality Project (2019) 3 Tips from the experts: How to talk about the climate crisis effectively  
Publicerad 29 mars 2019  
<https://www.climaterealityproject.org/blog/3-tips-experts-how-talk-about-climate-crisis-effectively>

### ***Videoklipp***

McAndrews, Jo (2018) Supporting children in the face of climate change  
Publicerad 29 november 2018  
[https://youtu.be/2bm18\\_G4n2Y](https://youtu.be/2bm18_G4n2Y)

United Planet Faith and Science Initiative (2020) Oskar's Quest – Youth Talk About Climate Collapse  
Publicerad 8 januari 2020  
<https://youtu.be/BhlzXIVUm9E>

### ***Podcast-avsnitt***

Crazy Town (2019) Deer Sinew and Beetle Biscuits: Raising Kids in the Age of Climate Chaos  
Publicerat 17 april 2019  
<http://www.buzzsprout.com/244372/1041091-deer-sinew-and-beetle-biscuits-raising-kids-in-the-age-of-climate-chaos>

# Klimat i undervisningen

## *Rapporter*

Naturskyddsföreningen (2017) Hållbar utveckling i skolan – vi måste snabba på!  
[https://www.naturskyddsforeningen.se/sites/default/files/dokument-media/lhu\\_rapport\\_2017\\_0.pdf](https://www.naturskyddsforeningen.se/sites/default/files/dokument-media/lhu_rapport_2017_0.pdf)

Skolverket/Filip Nilsson (2018) Kunskapsöversikt över arbetet med lärande för hållbar utveckling i skolväsendet  
[https://www.swedesd.uu.se/digitalAssets/719/c\\_719092-1\\_3-k\\_kunskapsoversikt-agenda-2030.pdf](https://www.swedesd.uu.se/digitalAssets/719/c_719092-1_3-k_kunskapsoversikt-agenda-2030.pdf)

SOU (Statens offentliga undersökningar) 2004:104 (2004) Att lära för hållbar utveckling, Fritizes, Stockholm.  
<https://www.regeringen.se/49b71d/contentassets/09ac8f7b0f9d402395ff95af1f6eb7cf/att-lara-for-hallbar-utveckling-sou-2004104>

Sveriges meteorologiska och hydrologiska institut (SMHI) (2017) Klimatanpassning i skolan: Klimatanpassningens koppling till gymnasieskolans uppdrag och mål i gemensamma ämnen  
[https://www.smhi.se/polopoly\\_fs/1.122327!/Klimatanpassning%20i%20skolan\\_v3.pdf](https://www.smhi.se/polopoly_fs/1.122327!/Klimatanpassning%20i%20skolan_v3.pdf)

Världsnaturfonden UK (2012) Sustainable Schools  
[https://www.wfse.cdn.triggerfish.cloud/uploads/2019/01/87198\\_sustainable\\_schools\\_feb21.pdf](https://www.wfse.cdn.triggerfish.cloud/uploads/2019/01/87198_sustainable_schools_feb21.pdf)

Världsnaturfonden UK (2012) Sustainable Schools, Sustainable Futures  
[http://assets.wwf.org.uk/downloads/sf\\_full\\_version.pdf?\\_ga=2.235689858.2017660587.1561474117-1636918014.1561474117](http://assets.wwf.org.uk/downloads/sf_full_version.pdf?_ga=2.235689858.2017660587.1561474117-1636918014.1561474117)

## *Webbartiklar*

Berger, Miriam (2019) Italy's government becomes first to mandate climate change education in schools  
Publicerad 6 november 2019  
<https://www.washingtonpost.com/world/2019/11/06/thats-why-we-exist-italys-government-becomes-first-mandate-climate-change-education-schools/>

Deguara, Brittney (2020) Climate change educational resource gets a 'gold star', but what exactly is it?  
Publicerad 12 februari 2020  
<https://www.stuff.co.nz/national/education/119193967/climate-change-educational-resource-gets-a-gold-star-but-what-exactly-is-it>



*Education Gazette* (2019) Enviro-changemakers take action

Publicerad 6 december 2019

<https://gazette.education.govt.nz/articles/enviro-changemakers-take-action/>

Graham-McLay, Charlotte (2020) New Zealand schools to teach students about climate crisis, activism and 'eco anxiety'

Publicerad 13 januari 2020

<https://www.theguardian.com/world/2020/jan/13/new-zealand-schools-to-teach-students-about-climate-crisis-activism-and-eco-anxiety>

Horowitz, Jason (2019) Italy's Students Will Get a Lesson in Climate Change. Many Lessons, in Fact

Publicerad 5 november 2019

<https://www.nytimes.com/2019/11/05/world/europe/italy-schools-climate-change.html>

Ideland, Malin, *Pedagogiska Magasinet*, (2016) nr 4, s. 54–59

<http://www.diva-portal.org/smash/record.jsf?pid=diva2%3A1399674&dswid=-8116>

Kametz, Anya (2019) Most Teachers Don't Teach Climate Change; 4 In 5 Parents Wish They Did

Publicerad 22 april 2019

<https://www.npr.org/2019/04/22/714262267/most-teachers-dont-teach-climate-change-4-in-5-parents-wish-they-did>

Kohli, Sonali, *Los Angeles Times* (2019) Students want climate change lessons. Schools aren't ready

Publicerad 23 december 2019

<https://www.latimes.com/california/story/2019-12-23/students-want-climate-change-lessons-schools-arent-ready>

Leonard, Bob (2019) Educating Children About Climate Change

Publicerad 10 augusti 2019

[https://thisspaceshipearth.org/crew\\_commentary/educating-children-about-climate-change/?fbclid=IwAR0gfbkUOlhP9z33-9WRfR6zzwZfixOgf0oXMsHOHsq12dcey4rhgux-SPyE](https://thisspaceshipearth.org/crew_commentary/educating-children-about-climate-change/?fbclid=IwAR0gfbkUOlhP9z33-9WRfR6zzwZfixOgf0oXMsHOHsq12dcey4rhgux-SPyE)

Manni, Annika (2020) Vuxnas engagemang avgörande för barns kunskap om hållbar utveckling

Uppdaterad 14 oktober 2020

<https://www.skolverket.se/skolutveckling/forskning-och-utvarderingar/forskning/vuxnas-engagemang-avgorande-for-barns-kunskap-om-hallbar-utveckling>

McGinn, Miyo (2020) Getting Schooled: Most teachers don't talk about climate change in the classroom. Washington state is trying to fix that.

Publicerad 11 februari 2020

<http://grist.org/climate/how-a-program-in-washington-state-is-bringing-climate-change-into-the-classroom/>

Nace, Trevor (2019) Italian Law To Require Climate Change Education In Grade School  
Publicerad 19 november 2019  
<https://www.forbes.com/sites/trevornace/2019/11/19/italy-law-to-require-climate-change-education-in-grade-school/#2b89d9365dae>

*Natur & Miljöboken* (2020) Genom Natur och miljöboken lär vi våra barn, deras familjer om naturen och en hållbar livsstil!  
<https://nmboken.se/>

Naturskyddsföreningen (2015) Bygg ett minikretslopp  
Publicerad 8 december 2015  
<https://www.naturskyddsforeningen.se/skola/energifallet/bygg-ett-minikretslopp>

New Zealand, Ministry of Environment (2019) Environmental education resources for teachers  
Uppdaterad 9 december 2019  
<https://www.mfe.govt.nz/more/community-and-public/environmental-education-resources-teachers>

New Zealand, Ministry of Education (2020) Education for Sustainability  
<https://nzcurriculum.tki.org.nz/Curriculum-resources/Education-for-sustainability/Tools-and-resources>

New Zealand, Ministry of Education (2019) Pūtātara: Incorporating sustainability and global citizenship across the curriculum in Aotearoa New Zealand  
<https://putatara.education.govt.nz/#/home>

Orlandi, Giorgia (2019) Italy introduces mandatory climate change lessons in schools  
Publicerad 16 november 2019  
<https://www.euronews.com/2019/11/07/italy-introduces-mandatory-climate-change-lessons-in-schools>

Skolverket (2018) Läroplan för förskolan  
<https://www.skolverket.se/download/18.6bfaca41169863e6a65d5aa/1553968116077/pdf4001.pdf>

Skolverket (2020) Läroplan och kursplaner för grundskolan  
<https://www.skolverket.se/undervisning/grundskolan/laroplan-och-kursplaner-for-grundskolan>

Skolverket (2020) Läroplan, program och ämnen i gymnasieskolan  
<https://www.skolverket.se/undervisning/gymnasieskolan/laroplan-program-och-amnen-i-gymnasieskolan>

Skolverket (2020) Ändrade kursplaner – bättre arbetsverktyg för dig som lärare  
<https://www.skolverket.se/om-oss/var-verksamhet/skolverkets-prioriterade-omraden/revi-derade-kurs--och-amnesplaner/andrade-kursplaner-i-grundskolan>

Tatum, Megan (2020) 'We deserve to be taught about it': why students want climate crisis classes

Publicerad 28 september 2020

<https://www.theguardian.com/education/2020/sep/28/we-deserve-to-be-taught-about-it-why-students-want-climate-crisis-classes>

UN CC:Learn (2020), School Curricula Revamp in Ethiopia: Climate Change in The Spotlight

<https://www.uncclearn.org/news/school-curricula-revamp-in-ethiopia-climate-change-in-the-spotlight/>

Vander Ark, Tom (2020) No Excuse Not To Teach Climate Crisis Mitigation And Adaptation

Publicerad 24 januari 2020

<https://www.forbes.com/sites/tomvanderark/2020/01/24/no-excuse-not-to-teach-climate-crisis-mitigation-and-adaptation/>

Zachrisson, Niklas (2020) Här ska Sveriges första självförsörjande förskola på el byggas

Publicerad 8 januari 2020

<https://sverigesradio.se/sida/artikel.aspx?programid=406&artikel=7380012>

Ådahl, Emma (2019) 4 enkla sätt: Så ska skolan ge klimatfrågan högsta prioritet

Publicerad 4 november 2019

<https://skolverket.se/artiklar/4-enkla-satt-sa-ska-skolan-ge-klimatfragan-hogsta-prioritet>

### *Vetenskapliga artiklar*

Cordero, Eugene C., Centeno, Diana & Todd, Anne Marie (2020) The role of climate change education on individual lifetime carbon emissions. *PLoS ONE* 15(2): e0206266.  
<https://doi.org/10.1371/journal.pone.0206266>

Hicks, David & Holden, Cathie (1995) Exploring the Future: a missing dimension in environmental education, *Environmental Education Research* vol. 1, no. 2, 185–193  
[https://www.researchgate.net/publication/248965484\\_Exploring\\_the\\_Future\\_a\\_missing\\_dimension\\_in\\_environmental\\_education](https://www.researchgate.net/publication/248965484_Exploring_the_Future_a_missing_dimension_in_environmental_education)

Mogensen, Finn & Schnack, Karsten, *Environmental Education Research*, vol. 16, no. 1, february 2010, 59–74

The action competence approach and the 'new' discourses of education for sustainable development, competence and quality criteria

Ojala, Maria (2019) Känslor, värden och utbildning för en hållbar framtid: Att främja en kritisk känslokompetens i klimatundervisning. *Acta Didactica Norge – tidsskrift for fagdidaktisk forsknings- og utviklingsarbeid i Norge*, 13(2): 1–17  
<https://doi.org/10.5617/adno.6440>

Wynes, Seth & Nicholas, Kimberly A. (2017) The climate mitigation gap: education and government recommendations miss the most effective individual actions, *Environmental Research Letters*, 12:7

[The climate mitigation gap: education and government recommendations miss the most effective individual actions](#)

### **Blogg**

Shugarman, Harriet (2020) Connecting the dots: The importance of climate education in schools

Publicerad 7 juli 2020

<https://www.climaterealityproject.org/blog/connecting-dots-importance-climate-education-schools>

# Barn och natur

Fridén Syrjäpalo, Linda (2018) Barns användande av platser i en mobil förskola (student/masteruppsats), Uppsala universitet  
<https://www.diva-portal.org/smash/get/diva2:1238412/FULLTEXT01.pdf>

## Webbartiklar

Boverket (2019) Nationell kartläggning visar att skolgårdarna krymper  
<https://www.boverket.se/sv/samhallsplanering/stadsutveckling/barns-och-ungas-utemiljo/nationell-kartlaggning-visar-att-skolgardarna-krymper/>

Odland, Cecilia & Mayer, Helena (2019) De ser nyttan med naturen  
Intervjuer med Maria Albin, Cecilia Stenfors och Mare Löhmus Sundström  
[Samtliga texter först publicerade i *Medicinsk Vetenskap* nr 3/2018]  
Publicerad 25 augusti 2020  
<https://ki.se/forskning/de-ser-nyttan-med-naturen>

Forssell, Hannes (2020) Sam odlar med förskolekompisarna – pilotprojekt för odling på fler förskolor  
Publicerad 17 maj 2020  
<https://www.svt.se/nyheter/lokalt/dalarna/har-ar-gronsaksodling-en-del-av-forskoleverksamheten>

Häggström, Margaretha (2020) Undervisning i naturen väcker intresse för biologisk mångfald  
Publicerad 22 januari 2020  
<https://www.forskning.se/2020/01/22/undervisning-i-naturen-vacker-intresse-for-biologisk-mangfald/>

Johansson, Madeleine, *Forskning* (2019) Därför behövs grönområden på förskolan  
Publicerad 27 augusti 2019  
<https://www.forskning.se/2019/08/27/darfor-behovs-gronomraden-pa-forskolan/>

Larsson, Ylva (2020) Studie: Barn som känner samhörighet med naturen är lyckligare  
Publicerad 29 februari 2020  
<https://svt.se/nyheter/vetenskap/studie-barn-som-kanner-samhorighet-med-naturen-ar-lyckligare>

Lindqvist, Anna-Karin & Rutberg, Stina / Luleå Tekniska Universitet (2018) Aktiva skoltransporter  
Publicerad 30 april 2018  
<https://www.ltu.se/research/subjects/fysioterapi/Forskningsprojekt/Aktiva-skoltransporter-1.176420>

Mårtensson, Fredrika (2020) En aktiv och jämställd skolgård kräver natur  
Publicerad 1 april 2020  
<https://www.skolledarna.se/Skolledaren/Artikelarkiv/2020/en-aktiv-och-jamstalld-skolgard-kraver-natur/>

Sveriges Lantbruksuniversitet (2020) Klassrum med himlen som tak – positiva effekter när barn och undervisning flyttar ut  
Publicerad 14 april 2020  
<https://www.slu.se/ew-nyheter/2020/4/klassrum-med-himlen-som-tak/>

Walden, Lisa, *Country Living* (2019) A 'nature hour' should be part of the school curriculum every day, say The Wildlife Trusts  
Publicerad 7 november 2019  
<https://www.countryliving.com/uk/wildlife/countryside/a29712170/wildlife-trusts-children-nature/>

### *Vetenskapliga artiklar*

Faskunger, Johan, Szczepanski, Anders & Åkerblom, Petter (2018) Klassrum med himlen som tak: En kunskapsöversikt om vad utomhusundervisning betyder för lärande i grundskolan, *Skrifter från Forum för ämnesdidaktik Linköpings universitet*, nr 10  
<http://doi.org/ct6t>

MacKerron, George & Mourato, Susana (2013) Happiness is greater in natural environments, *Global Environmental Change*, vol. 23, no. 5, 992–1000  
<https://doi.org/10.1016/j.gloenvcha.2013.03.010>

# Barn och oro

## Webbartiklar

Angsell, Marie (2020) Så pratar du med barn om coronaviruset

Uppdaterad 18 mars 2020

<https://www.krisinformation.se/artiklar/sa-pratar-du-med-barn-om-coronaviruset>

Busby, Eleanor, *The Independent* (2019) Climate change activism 'reducing mental health symptoms among young people'

Publicerad 28 november 2019

<https://www.independent.co.uk/news/education/education-news/climate-change-school-strikes-mental-health-students-children-a9225081.html?fbclid=IwAR37VWISHQe-Qi5oieXznstE2BF97QwCaA0kcO-WBFXebV5YUhmR-WaFTRI>

Gotlin, Malin (2018) Unga oroar sig för klimatet – mår psykiskt dåligt

Publicerad 9 november 2018

<https://www.svt.se/nyheter/lokalt/orebro/ungas-oro-for-klimatet>

Jarvis, Brooke (2020) The Teenagers at the End of the World

Publicerad 21 juli 2020

<https://www.nytimes.com/interactive/2020/07/21/magazine/teenage-activist-climate-change.html?searchResultPosition=1>

Sjöström, Mia (2015) Framtiden är nutida barns största oro

Publicerad 7 november 2015

<https://www.svd.se/framtiden-ar-nutida-barns-storsta-oro>

Stockholms Universitet (2020) Barn och rädslor i coronatider

Publicerad 24 april 2020

<https://www.su.se/nyheter/barn-och-r%C3%A4dslor-i-coronatider-1.519506>

Thomasso, Cornelia (2020) Psykologens bästa tips för att hantera klimatångest

Publicerad 5 februari 2020

<https://www.expressen.se/halsoliv/psykologi/angest-och-oro/psykologens-basta-tips-for-att-hantera-klimatangest/>

Zissu, Alexandra (2020) Calming Climate Anxiety in Children

Publicerad 23 september 2020

<https://www.momscleanairforce.org/calming-climate-anxiety-in-children/>

## Radioinslag

BBC Radio 4 (2019) Eco Anxiety

Publicerad 14/15 maj 2019

<https://www.bbc.co.uk/programmes/m00050qr>

### *Videoklipp*

Fernando, Dilshan (2019) Barnpsykologen: Vi måste förbereda våra barn inför klimatångesten

Publicerad 20 december 2019

<https://svt.se/nyheter/barnpsykologen-vi-maste-forbereda-vara-barn-infor-klimatangesten>

### *Övrigt*

Oro och ångest hos barn. Utbildningspresentation av Peter Friberg, psykolog från Akademi Magelungen under webinarium den 4 juni, 2020.



# Hur klimatkrisen påverkar barnen

## Webbartiklar

Carrington, Damian (2017) Pollution responsible for quarter of deaths of young children, says WHO

Publicerad 7 mars 2017

<https://www.theguardian.com/environment/2017/mar/06/pollution-quarter-of-deaths-of-young-children-who>

Carrington, Damian (2017) Air pollution more harmful to children in cars than outside, warns top scientist

Publicerad 12 juni 2017

<https://www.theguardian.com/environment/2017/jun/12/children-risk-air-pollution-cars-former-uk-chief-scientist-warns>

Griffiths, Sarah (2015) Is climate change affecting birth weights? Exposure to warmer weather during pregnancy leads to smaller babies, study claims

Publicerad 15 juni 2015

<https://www.dailymail.co.uk/sciencetech/article-3124623/Is-climate-change-affecting-birth-weights-Exposure-warmer-weather-pregnancy-leads-smaller-babies-study-claims.html>

Haig, Terry, Radio Canada International (2019) New study warns of climate change's (extra) ill-effects on children

Publicerad 16 augusti 2019

<https://www.rcinet.ca/en/2019/08/16/new-study-warns-of-climate-changes-ill-effects-on-children/>

Laville, Sandra, Taylor, Matthew, Bengtsson, Helena & Zapponi, Carlo (2017) Thousands of British children exposed to illegal levels of air pollution

Publicerad 4 april 2017

<https://www.theguardian.com/environment/2017/apr/04/thousands-of-british-children-exposed-to-illegal-levels-of-air-pollution>

Sabelström, Helena, Boberg, Pelle, Genberg, Johan, Klintwall, Lars & Kyrklund, Titus (2017) Luft och Miljö: Barns Hälsa

<http://www.naturvardsverket.se/Documents/publikationer6400/978-91-620-1303-5.pdf?pid=21462>

UNICEF (2019) With deadly cyclones on the rise, UNICEF raises concern about impact of climate change on children

Publicerad 3 maj 2019

[https://www.unicef.org/press-releases/deadly-cyclones-rise-unicef-raises-concern-about-impact-climate-change-children?fbclid=IwAR1uqaJW0VZIDsJ7LXyJ6vKzZ-9HPmfo582WXXy0vyRNpSraKVsPq\\_M8hBykEJ](https://www.unicef.org/press-releases/deadly-cyclones-rise-unicef-raises-concern-about-impact-climate-change-children?fbclid=IwAR1uqaJW0VZIDsJ7LXyJ6vKzZ-9HPmfo582WXXy0vyRNpSraKVsPq_M8hBykEJ)

### *Vetenskapliga artiklar*

Kramming, Kajsa (2017) Miljökollaps eller hållbar framtid? Hur gymnasieungdomar uttrycker sig om miljöfrågor, *Geographica* 13, Doktorsavhandling, Kulturgeografiska institutionen, Uppsala universitet, Uppsala.

Ojala, Maria (2010) Barns tankar och känslor om klimatproblemen, *Energimyndighetens rapportserie 2010:31*

[https://www.researchgate.net/publication/312147094\\_Barns\\_kanslor\\_och\\_tankar\\_om\\_klimatproblematiken](https://www.researchgate.net/publication/312147094_Barns_kanslor_och_tankar_om_klimatproblematiken)

Ojala, Maria (2012) How do children cope with global climate change? Coping strategies, engagement, and well-being. *Journal of Environmental Psychology*, vol. 32 (2012) 225–233

Ojala, Maria (2012) Regulating worry, promoting hope: How do children, adolescents, and young adults cope with climate change? *International Journal of Environmental & Science Education*. vol. 7, no. 4, oktober 2012, 537–561.

[http://www.ijese.net/makale\\_indir/IJESE\\_1551\\_article\\_583958fb75229.pdf](http://www.ijese.net/makale_indir/IJESE_1551_article_583958fb75229.pdf)

Otto, Siegmur, Evans, Gary W., Moon, Min J. & Kaiser, Florian G. (2019) The development of children's environmental attitude and behavior, *Global Environmental Change*, volume 58

Semenza, Jan C. & Menne, Bettina (2009) Climate change and infectious diseases in Europe, *The Lancet Infectious Diseases*, vol. 9, no. 6, 365–375

[https://doi.org/10.1016/S1473-3099\(09\)70104-5](https://doi.org/10.1016/S1473-3099(09)70104-5)

Sheffield, Perry E. & Landrigan, Philip J. (2011) Global Climate Change and Children's Health: Threats and Strategies for Prevention, *Environmental Health Perspectives*, vol. 119, no. 3

<https://ehp.niehs.nih.gov/doi/full/10.1289/ehp.1002233>

Watts, Nick, Amann, Markus, Arnell, Nigel et al. (2019) The 2019 report of The Lancet Countdown on health and climate change: ensuring that the health of a child born today is not defined by a changing climate, *The Lancet*, vol. 394, no. 10211, 1836–1878

[https://doi.org/10.1016/S0140-6736\(19\)32596-6](https://doi.org/10.1016/S0140-6736(19)32596-6)

### *Rapporter*

Clark, Helen, Coll-Seck, Awa Marie et al. (2020) A future for the world's children? A WHO–UNICEF–Lancet Commission, *The Lancet Commissions*, vol 395, issue 10224, 605–658

[https://doi.org/10.1016/S0140-6736\(19\)32540-1](https://doi.org/10.1016/S0140-6736(19)32540-1)

Clayton, Susan, Manning, Christie, Krygsman, Kirra & Speiser, Meighen (2017) Mental Health and Our Changing Climate: Impacts, Implications, and Guidance. Washington, D.C.: American Psychological Association, and ecoAmerica  
<https://www.apa.org/news/press/releases/2017/03/mental-health-climate.pdf>

Forrest, Sallie & Shearman, David (2015) No time for games: Children's health and climate change, Doctors for the Environment Australia  
[https://www.dea.org.au/wp-content/uploads/Children\\_and\\_climate\\_change\\_report-\\_No\\_Time\\_for\\_Games\\_web.pdf](https://www.dea.org.au/wp-content/uploads/Children_and_climate_change_report-_No_Time_for_Games_web.pdf)

UNICEF (2016) Clear the air for children  
[https://www.unicef.org/publications/index\\_92957.html](https://www.unicef.org/publications/index_92957.html)

### ***Blogginlägg***

UNICEF (2020) Vår generations största prövning  
Publicerad 19 februari 2020  
<https://blog.unicef.se/2020/02/19/var-generations-storsta-provning/>

# Internationella lagar och avtal

Europeiska Kommissionen (2019) Den europeiska gröna given, COM(2019) 640 final  
Publicerad 11 december 2019

[https://eur-lex.europa.eu/resource.html?uri=cellar:b828d165-1c22-11ea-8c1f-01aa75e-d71a1.0007.02/DOC\\_1&format=PDF](https://eur-lex.europa.eu/resource.html?uri=cellar:b828d165-1c22-11ea-8c1f-01aa75e-d71a1.0007.02/DOC_1&format=PDF)

Regeringens proposition 2016/17:16 Godkännande av klimatavtalet från Paris

<https://www.regeringen.se/4a75ca/contentassets/618f83b8918f4f34bb1ae06b62aae8f2/godkannande-av-klimatavtalet-fran-paris-prop.-20161716>

Regeringskansliet, Faktapromemoria 2019/20:FPM13 Meddelande om en europeisk grön giv

<https://data.riksdagen.se/fil/E121A97F-D918-49BF-AEF8-0186E26B8C69>

UNDP (2015) Globala målen

<https://www.globalamalen.se/om-globala-malen/>

United Nations Framework Convention on Climate Change (2015) Paris Agreement

Publicerad/Överenskommet 12 december 2015

[https://unfccc.int/files/meetings/paris\\_nov\\_2015/application/pdf/paris\\_agreement\\_english\\_.pdf](https://unfccc.int/files/meetings/paris_nov_2015/application/pdf/paris_agreement_english_.pdf)

United Nations Framework Convention on Climate Change (2020) The Paris Agreement

<https://unfccc.int/process-and-meetings/the-paris-agreement/the-paris-agreement>

# Opinionsundersökningar

## *Rapporter*

Angsell, Maria, Bremberg, Sven, Jägerskog, Magnus & Mannby, Lisa (2020) Hållbara liv: Om barnets rättigheter, barns uppväxtvillkor och samhällets ansvar  
BRIS Årsrapport 2020  
[https://www.bris.se/globalassets/om-bris/bris-rapport-2020/bris\\_arsrapport2019.pdf](https://www.bris.se/globalassets/om-bris/bris-rapport-2020/bris_arsrapport2019.pdf)

Gullers Grupp/Naturvårdsverket (2018) Allmänheten om klimatet 2018: En kvantitativ undersökning om den svenska allmänhetens syn på lösningar för klimatet  
<https://www.naturvardsverket.se/upload/miljoarbete-i-samhallet/miljoarbete-i-sverige/klimat/attitydundersokning/Rapport-Allmanheten-klimatet-2018.pdf>

Jung Relations/Ungdomsbarometern (2019) Framtidens hållbaraste varumärken  
[https://jungrelations.com/fhv/Jung\\_FHV\\_2019.pdf](https://jungrelations.com/fhv/Jung_FHV_2019.pdf)

Kantar/SIFO (2019) Mediebild, opinion och faktakoll i klimatfrågan  
<https://cdn2.hubspot.net/hubfs/5186935/Premium%20Content/Mediebild,%20opinion%20och%20faktakoll%20i%20klimatfr%C3%A5gan.pdf>

Naturskyddsföreningen/Novus (2019) Barn och unga om miljö  
Publicerad januari 2019  
[https://www.naturskyddsforeningen.se/sites/default/files/dokument-media/novusundersokning\\_unga\\_om\\_miljo.pdf](https://www.naturskyddsforeningen.se/sites/default/files/dokument-media/novusundersokning_unga_om_miljo.pdf)

Novus (2018) Novus rapport: Klimatfrågan akut, väljare politiker  
Publicerad 15 november 2018  
<https://novus.se/wp-content/uploads/2019/12/rapportnovusklimatakut20191114.pdf>

Novus (2019) Novus rapport: Klimatoro  
Publicerad 3 juni 2019  
<https://novus.se/wp-content/uploads/2019/06/156a5ed08e7d012d29dd36e7c50b4be4.pdf>

Solevid, Maria, SOM-institutet (2017) Svensk samhällsoro  
Publiceringsdatum 2018  
<https://www.kefu.se/media/kefu/kefudagen-2018/Maria-Solevid.pdf>

Undersökning från MUCF om unga och klimatet  
Myndigheten för ungdoms- och civilsamhällesfrågor (2019) Samhällsfrågor och demokrati  
Publicerad i april 2019  
[https://www.mucf.se/sites/default/files/publikationer\\_uploads/attityd-\\_och\\_varderingsstudien\\_del\\_1\\_unga\\_med\\_attityd\\_0.pdf](https://www.mucf.se/sites/default/files/publikationer_uploads/attityd-_och_varderingsstudien_del_1_unga_med_attityd_0.pdf)

Ungdomsbarometern AB (2020) ”Generation Z!”  
<http://www.ungdomsbarometern.se/rapportslapp-generation-z/>

Världsnaturfonden/SIFO (2018) Klimatbarometern 2018 & Sifo-undersökning  
Publicerad 31 december 2018  
<https://www.wwf.se/dokument/klimatbarometern-2018-sifo-undersokning/>

### **Webbartiklar**

Andersson, Alexandra & Rogvall, Filippa (2019) Stor mätning: Det tycker svenskarna om klimatet  
Publicerad 16 juni 2019  
<https://www.expressen.se/nyheter/qs/stor-matning-det-tycker-svenskarna-om-klimatet/>

Arla Foods AB (2018) ”Ny undersökning från Arla: 8 av 10 föräldrar vill vara mer i naturen med sina barn”  
Publicerad 17 april 2018  
<https://www.arla.se/om-arla/nyheter-press/2017/pressrelease/ny-undersokning-fraan-arla-8-av-10-foeraeldrar-vill-vara-mer-i-naturen-med-sina-barn-1913616/>

Kihlberg, Jannike (2020) Klimat och miljö oroar nio av tio svenskar  
Publicerad 1 april 2020  
<https://www.dn.se/nyheter/sverige/klimat-och-miljo-oroar-nio-av-tio-svenskar/>

Mellin, Lena (2019) Klimatet ökar snabbast i betydelse för väljarna  
Publicerad 4 juli 2019  
<https://www.aftonbladet.se/nyheter/samhalle/a/P9aXL0/klimatet-okar-snabbast-i-betydelse-for-valjarna>

Trygg-Hansa, Åsa Fagerström: Klimathotet och barns oro  
Publiceringsdatum saknas  
<https://familjen.trygghansa.se/vara-foralder/uppfostra-och-stodja-barn/klimathotet-och-barns-oro/>

Världsnaturfonden (2019) WWFs Klimatbarometer: Allt fler väljer bort flyg och kött – och kvinnorna går före  
Publicerad 21 mars 2019  
<https://www.wwf.se/pressmeddelande/wwfs-klimatbarometer-allt-fler-valjer-bort-flyg-och-kott-och-kvinnorna-gar-fore-3241404/>

Världsnaturfonden (2020) Många ändrar sina vanor för att rädda miljön  
Publicerad 27 mars 2020  
<https://www.wwf.se/pressmeddelande/manga-andrar-sina-vanor-for-att-radda-miljon-3613490/>

# Sveriges klimatarbete

## Webbartiklar

Anderson, Kevin, Broderick, John F. & Stoddard, Isak (2020) A factor of two: how the mitigation plans of 'climate progressive' nations fall far short of Paris-compliant pathways, Climate Policy.

<https://doi.org/10.1080/14693062.2020.1728209>

Fossilgasfällan (2020) Tillsammans stoppade vi 40 år av fossilgasimport

<https://fossilgasfallan.se/>

Lejland, Carl-Johan (2019) Först i världen: Solcellsdriven vätgasstation i Mariestad

Publicerad 22 maj 2019

<https://www.di.se/bil/forst-i-varlden-solcellsdriven-vatgasstation-i-mariestad/>

Myndigheten för Samhällsskydd och Beredskap (2020) Handlingsplan för klimatsamordning beslutad

Publicerad 7 februari 2020

<https://www.msb.se/sv/aktuellt/nyheter/2020/februari/handlingsplan-for-klimatsamordning-beslutad/>

Naturvårdsverket (2019) Precisering av Frisk luft

<http://www.naturvardsverket.se/Miljoarbete-i-samhallet/Sveriges-miljomal/Miljokvalitetsmalen/Frisk-luft/Precisering-av-Frisk-luft/>

Naturvårdsverket (2020) Miljömålen fortsatt viktiga i miljöarbetet och Agenda 2030

<http://sverigemiljomal.se/sa-fungerar-arbetet-med-sveriges-miljomal/uppfoljning-av-miljomalen/arlign-uppfoljning-2020/>

Naturvårdsverket (2020) Sveriges utsläpp minskade med 3,2 procent 2019

<https://www.naturvardsverket.se/Nyheter-och-pressmeddelanden/Sveriges-utslapp-minskade-med-32-procent-2019-/>

SMHI (2018) Sommaren 2018 – Extremt varm och solig

Publicerad 29 augusti 2018

<https://www.smhi.se/klimat/klimatet-da-och-nu/arets-vader/sommaren-2018-extremt-varm-och-solig-1.138134>

Åström, Christofer, Bjelkmar, Pär & Forsberg, Bertil (2019) Ovanligt många dödsfall i Sverige sommaren 2018: Drygt 600 kan ha dött till följd av värmeböljan

<https://lakartidningen.se/klinik-och-vetenskap-1/artiklar-1/originalstudie/2019/05/ovanligt-manga-dodsfall-i-sverige-sommaren-2018/>

## *Rapporter*

Gustafsson, Malin, Lindén, Jenny, Tang, Lin, Forsberg, Bertil, Orru, Hans, Åström, Stefan & Sjöberg, Karin (2018) Quantification of population exposure to NO<sub>2</sub>, PM<sub>2.5</sub> and PM<sub>10</sub> and estimated health impacts

<https://www.ivl.se/publikationer/publikation.html?id=5583>

Myndigheten för Samhällsskydd och Beredskap (2020) MSB:s arbete enligt Förordning (2018:1428) om myndigheters klimatanpassningsarbete  
Publicerad januari 2020

<https://www.msb.se/contentassets/a247fc9b33934282ae7bb3e934615364/handlingsplan-msb-2020.pdf>

Naturvårdsverket (2019) Fördjupad utvärdering av miljömålen 2019 – En sammanfattning

<http://www.naturvardsverket.se/Documents/publikationer6400/978-91-620-8841-5.pdf?pid=25031>

Naturvårdsverket (2020) Miljömålen – Årlig uppföljning av Sveriges nationella miljömål 2020 – Med fokus på statliga insatser

<http://www.naturvardsverket.se/Documents/publ-filer/6900/978-91-620-6919-3.pdf?pid=26466>

Regeringens proposition 2019/20:188: Sveriges genomförande av Agenda 2030

<https://www.regeringen.se/4aa057/contentassets/378ab5cbd6b148acaecce9413cc0e1ba/sveriges-genomforande-av-agenda-2030-prop.-201920188>

Sveriges Meteorologiska och hydrologiska institut (SMHI) (2013) Så kan jordbruket möta ett förändrat klimat

Publicerad 26 juni 2013

<https://www.smhi.se/nyhetsarkiv/sa-kan-jordbruket-mota-ett-forandrat-klimat-1.30489>



# Effektiva klimatåtgärder

## Böcker

Andersson, Kali, Hylander, Frida & Nylén, Kata (2019) *Klimatpsykologi: Hur vi skapar hållbar förändring*, Natur & Kultur

Nilsson, Johanna, Soxbo, Maria & Sundh, Emma (2019) *Gör Skillnad! Från klimatångest till handlingskraft*, Norstedt

## Webbartiklar

Gibson, Caitlin (2020) Parents can't fix climate change with life hacks – but here are ways to make a real impact

Publicerad 18 februari 2020

[https://www.washingtonpost.com/lifestyle/on-parenting/parents-cant-fix-climate-change-with-life-hacks--but-here-are-ways-to-make-a-real-impact/2020/02/17/291d23ce-42a8-11ea-b5fc-eefa848cde99\\_story.html](https://www.washingtonpost.com/lifestyle/on-parenting/parents-cant-fix-climate-change-with-life-hacks--but-here-are-ways-to-make-a-real-impact/2020/02/17/291d23ce-42a8-11ea-b5fc-eefa848cde99_story.html)

Konsumentverket (2017) Konsumenterna och miljön 2017: Möjligheter att göra val med miljöhänsyn, Rapport 2017:9

<https://www.konsumentverket.se/globalassets/publikationer/var-verksamhet/konsumenterna-och-miljon-2017-konsumentverket.pdf>

Mandel, Kyla (2019) We Spoke To 5 Climate Experts About What Gives Them Hope

Publicerad 26 december 2019

[https://www.huffpost.com/entry/climate-crisis-scientists-hope\\_n\\_5de81ffae4b0913e-6f8a5c69](https://www.huffpost.com/entry/climate-crisis-scientists-hope_n_5de81ffae4b0913e-6f8a5c69)

Marris, Emma, *The New York Times* (2020) How to Stop Freaking Out and Tackle Climate Change

Publicerad 10 januari 2020

<https://www.nytimes.com/2020/01/10/opinion/sunday/how-to-help-climate-change.html>

McDermid, Greg, Bergerson, Joule A. & Madigan, Sheri (2020) 5 ways families can help tackle climate change

Publicerad 15 januari 2020

<http://theconversation.com/5-ways-families-can-help-tackle-climate-change-126512>

Thomasson, Cornelia, *Expressen* (2020) Psykologens bästa tips för att hantera klimatångest

Publicerad 5 februari 2020

<https://www.expressen.se/halsoliv/psykologi/angest-och-oro/psykologens-basta-tips-for-att-hantera-klimatangest/>

Världsnaturfonden (2020) Så beräknar man ekologiska fotavtryck

<https://www.wwf.se/klimat/ekologiska-fotavtryck/sa-beraknar-man/>

### *Videoklipp*

Now This (2019) Dr. Jane Goodall's Advice for Getting Others to Care About the Environment, Facebook

Publicerad 26 september 2019 <https://www.facebook.com/341163402640457/posts/2855871517836287?sfns=mo>

### *Podcast-avsnitt*

Klimatekot (2020) avsnitt 14. Klimatpsykologen om varför vi gör som vi gör  
<https://podcasts.apple.com/se/podcast/14-klimatpsykologen-om-varf%C3%B6r-vi-g%C3%B6r-som-vi-g%C3%B6r/id1457709094?i=1000466781729&l=en>

# Klimatet: vetenskap, åtgärder och politik

## Webbartiklar

Bethune, Sophie/American Psychological Association (2020) Majority of US adults believe climate change is most important issue today

Publicerad 6 februari 2020

[https://www.eurekalert.org/pub\\_releases/2020-02/apa-mou020620.php](https://www.eurekalert.org/pub_releases/2020-02/apa-mou020620.php)

Chancel, Lucas & Piketty, Thomas (2015) Carbon and inequality: From Kyoto to Paris  
Publicerad 1 december 2015

<https://voxeu.org/article/carbon-and-inequality-kyoto-paris>

Climate Accountability Institute (2019) Carbon Majors

Publicerad 8 oktober 2019

<https://climateaccountability.org/carbonmajors.html>

Edel, Dan (2020) Amsterdam is the First City to Implement the Doughnut Economic Model

Publicerad 14 april 2020

<https://www.intelligentliving.co/amsterdam-doughnut-economic-model/>

Food and Agriculture Organization of the United Nations – "Sources of GHG emissions by livestock"

Publiceringsdatum saknas

<http://www.fao.org/news/story/en/item/197646/icode/>

Fridays for Future Sverige (2020) Karta över strejker

Uppdateras kontinuerligt

<https://fridaysforfuture.se/karta-over-strejker/>

Global Carbon Atlas (2018) CO2 Emissions

<http://www.globalcarbonatlas.org/en/CO2-emissions>

Gore, Timothy (2015) Extreme Carbon Inequality: Why the Paris climate deal must put the poorest, lowest emitting and most vulnerable people first

Publicerad 2 december 2015

<https://oxfamilibrary.openrepository.com/handle/10546/582545?show=full>

Gore, Timothy (2020) Confronting Carbon Inequality: Putting climate justice at the heart of the COVID-19 recovery

Publicerad 21 september 2020

<https://oxfamilibrary.openrepository.com/bitstream/handle/10546/621052/mb-confronting-carbon-inequality-210920-en.pdf>

Griffin, Paul (2017) The Carbon Majors Database: CDP Carbon Majors Report 2017  
<https://b8f65cb373b1b7b15feb-c70d8ead6ced550b4d987d7c03fcdd1d.ssl.cf3.rack-cdn.com/cms/reports/documents/000/002/327/original/Carbon-Majors-Report-2017.pdf?1499691240>

Intergovernmental Science-Policy Platform on Biodiversity and Ecosystem Services (IPBES) (2019) The global assessment report on Biodiversity and Ecosystem Services: Summary for Policymakers  
[https://ipbes.net/sites/default/files/2020-02/ipbes\\_global\\_assessment\\_report\\_summary\\_for\\_policymakers\\_en.pdf](https://ipbes.net/sites/default/files/2020-02/ipbes_global_assessment_report_summary_for_policymakers_en.pdf)

NASA Earth Observatory (2020) World of Change: Global Temperatures  
<https://earthobservatory.nasa.gov/world-of-change/global-temperatures>

Naturskyddsföreningen (2020) Så hänger biologisk mångfald och klimatet ihop  
<https://www.naturskyddsforeningen.se/hela-sverige-staller-om/sa-hanger-klimat-och-biologisk-mangfald-ihop>

Naturvårdsverket (2020) Effekter i Sverige  
Uppdaterad 22 juni 2020  
<https://www.naturvardsverket.se/Sa-mar-miljon/Klimat-och-luft/Klimat/Klimatet-i-framtiden/Effekter-i-Sverige/>

Scripps Institution of Oceanography (2020) The Keeling Curve  
<https://sioweb.ucsd.edu/programs/keelingcurve/>

Statistiska Centralbyrån (2019) Utsläpp av växthusgaser i Sverige  
Senast uppdaterad 18 december 2019  
<https://www.scb.se/hitta-statistik/sverige-i-siffror/miljo/utslapp-av-vaxthusgaser/>

Stockholm Resilience Centre (2020) Planetary Boundaries Research  
<https://www.stockholmresilience.org/research/planetary-boundaries.html>

Sveriges meteorologiska och hydrologiska institut (SMHI) (2014) Klimatindikator – vegetationsperiodens längd  
Publicerad 21 mars 2014, uppdaterad 16 september 2020  
<https://www.smhi.se/klimat/klimatet-da-och-nu/klimatindikatorer/klimatindikator-vegetationsperiodens-langd-1.7887>

Taylor, Matthew & Watts, Jonathan (2019) Revealed: the 20 firms behind a third of all carbon emissions  
Publicerad 9 oktober 2020  
<https://www.theguardian.com/environment/2019/oct/09/revealed-20-firms-third-carbon-emissions>

United Nations Framework Convention on Climate Change (2018) UNFCCC Secretariat Welcomes IPCC's Global Warming of 1.5°C Report

Publicerad 8 oktober 2018

<https://unfccc.int/news/unfccc-secretariat-welcomes-ipcc-s-global-warming-of-15degc-report>

United States Environmental Protection Agency (2020) Global Greenhouse Gas Emissions Data

<https://www.epa.gov/ghgemissions/global-greenhouse-gas-emissions-data>

Världsnaturfonden (2018) Living Planet Report 2018: Aiming Higher

Publicerad 31 december 2018

<https://www.wwf.se/nyheter/living-planet-report-2018-populationerna-av-vilda-ryggradsdjur-har-i-snitt-minskat-med-60-procent-pa-44-ar/>

Världsnaturfonden (2020) Living Planet Report 2020: Bending the Curve of Biodiversity Loss

<https://www.wwf.se/dokument/living-planet-report-2020-engelsk-fullversion/>

### ***Böcker***

Bernes, Claes (2016) *En varmare värld: växthuseffekten och klimatets förändringar*, Naturvårdsverket

# Välmående

## *Webbartiklar*

Höjer, Henrik (2018) Så blir du lycklig

Publicerad 21 juni 2018

<https://fof.se/tidning/2018/6/artikel/sa-blir-du-lycklig>

Moldovan, Alice/Australian Broadcasting Corporation (ABC) (2019) When climate distress becomes too much, the philosophy of eternalism can provide perspective

Publicerad 7 september 2019

<https://mobile.abc.net.au/news/2019-09-08/how-eternalism-can-help-with-climate-change-distress-and-anxiety/11477560?pfmredir=sm>

Science Daily (2020) Everything is not fine: Kids can tell when parents suppress their stress

Publicerat 23 april 2020

<https://www.sciencedaily.com/releases/2020/04/200423154211.htm>

Taylor, Matthew & Murray, Jessica (2020) 'Overwhelming and terrifying': the rise of climate anxiety

Publicerad 10 februari 2020

<https://www.theguardian.com/environment/2020/feb/10/overwhelming-and-terrifying-impact-of-climate-crisis-on-mental-health>

Tomlin, Annie (2019) The climate psychologist gives it to us straight: Being anxious about climate change is a 'good' thing

Publicerad 5 september 2019

<https://www.wellandgood.com/good-advice/climate-anxiety/>

## *Rapporter*

Helliwell, John F., Layard, Richard, Sachs, Jeffrey D. & De Neve, Jan-Emmanuel/World Happiness Report (2020) World Happiness Report 2020

Publicerad 20 mars 2020

<https://happiness-report.s3.amazonaws.com/2020/WHR20.pdf>

## *Vetenskapliga artiklar*

Hunter, MaryCarol R., Gillespite, Brenda W. & Yupu Chen, Sophie (2019) Urban Nature Experiences Reduce Stress in the Context of Daily Life Based on Salivary Biomarkers, *Frontiers in Psychology*

<https://doi.org/10.3389/fpsyg.2019.00722>

MacKerron, George & Mourato, Susana (2013) Happiness is greater in natural environments, *Global Environmental Change*, volume 23, issue 5, 992–1000

# Klimatet i media

Sköld, Susanna (2020) Klimatrapporteringen i media rekordstor 2019

Publicerad 7 maj 2020

<https://www.omvarlden.se/Branschnytt/nyheter-2020/klimatrapporteringen-i-media-nar-ny-rekordniva/>

Vi-Skogen (2019) Varmare klimat – iskall nyhet? En rapport om klimatet i svensk media

<https://viskogen.se/nyheter/ny-rapport-klimatrapporteringen-storre-an-nagonsin/>

## Övrigt

Modig, Cecilia/Regeringskansliet & Rädda Barnen (2009) Aldrig våld – 30 år av svensk lagstiftning mot aga

[https://resourcecentre.savethechildren.net/sites/default/files/documents/2763\\_0.pdf](https://resourcecentre.savethechildren.net/sites/default/files/documents/2763_0.pdf)

Psykologiguiden (2020) Psykologilexikon: Solastalgi

<https://www.psykologiguiden.se/psykologilexikon/?Lookup=solastalgi>

Westander (2018) Nio av tio riksdagsledamöter positiva till lobbying

Publicerad 23 oktober 2018

<https://www.westander.se/press/pressmeddelanden/nio-av-tio-riksdagsledamoter-positiva-till-lobbying/>